



DEPARTMENT OF THE NAVY
COMMANDER NAVY REGION SOUTHWEST
937 NO. HARBOR DR.
SAN DIEGO, CA 92132-0058

IN REPLY REFER TO:

COMNAVREGSWINST 1710.20
N92R2
15 OCT 2003

COMNAVREGSW INSTRUCTION 1710.20

Subj: POLICIES AND GUIDELINES FOR EXTRAMURAL (REGIONAL) SPORTS
TEAMS

Ref: (a) BUPERSINST 1710.11C

1. Purpose. To establish policies and procedures regarding administration of the extramural sports and athletic program.
2. Cancellation. COMNAVBASESANDIEGOINST 1710.2P and COMNAVBASESANDIEGOINST 1710.20C.
3. Background. Reference (a) provides guidelines and authorizes the establishment of regional extramural sports programs for commands, installations or municipalities in the same general geographical area. The participants on these teams consist of higher-level athletes who are representing Commander, Navy Region Southwest (CNRSW) and the U. S. Navy in intramural sports competition in the civilian community. Participation in these programs by Navy personnel is recognized as a means of promoting physical fitness, "esprit de corps," as well as leadership and self-confidence. Well conditioned and disciplined Navy personnel taking part in highly visible sports competitions in the civilian community reflects positively on the U. S. Navy and provides another mechanism for recruiting.
4. CNRSW Regional Sports Teams. Currently, the CNRSW Sports Branch administers four teams that compete at various levels above intramural sports: men's baseball, men and women's wrestling, running and triathlon, and women's soccer, which compete in local civilian leagues and tournaments. Solicitation for regional team members is accomplished through Navy message traffic and base promotions.
 - a. All-Navy Men's Baseball Team located in San Diego, CA. The baseball season commences in March and continues through July. Sailors compete for a spot on the 25-man roster. The team plays approximately 60 games during the season and is a member of the San Diego County Adult Baseball League and San Diego County Wooden Bat League. The Annual Navy-Marine Corps Baseball Game is played immediately following the San Diego

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Padres' game in Petco Park. In addition to playing baseball, the team provides community service by conducting clinics at elementary schools, Little League and Pony League fields throughout the San Diego area. Per reference (a), the Commander, Navy Personnel Command sponsors players outside CNRSW to participate in this program.

b. NRSW Wrestling Team. The Wrestling program, which participates in local and international competitions, is operated year-round with hundreds of San Diego based Sailors continually competing for a spot on the team. Wrestling team members are committed to community service and host annual youth wrestling tournaments at Naval Base San Diego.

c. NRSW Women's Soccer Team. The Soccer team was organized and established based on the demand for more women's sports in the San Diego metro area. Annually, more than 40 women from fleet and shore commands take part in the program and compete in local civilian leagues.

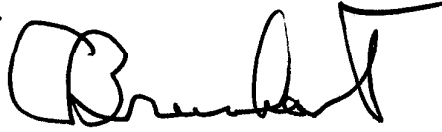
d. NRSW Running and Triathlon Team. The NRSW Running and Triathlon team is comprised of active duty personnel assigned to Naval commands throughout NRSW area of responsibility. Runners (men and women) must possess qualifying times as established by Navy Personnel Command in order to qualify for the team. Navy Runners compete in civilian track events, triathlons, and long distance runs throughout the year. Commander, Navy Personnel Command (N-65) sponsors this program.

5. Eligibility. CNRSW regional teams are generally comprised of active duty personnel in the region; however, in the event of extensive ships' movements or accelerated deployments, teams can be filled with other eligible MWR patrons from other regions in order to keep a team in tact.

6. Funding. Funding for NRSW regional teams comes from the Regional Sports Program budget administered at Naval Base San Diego with the exception of the Running and Triathlon Team, which is funded by Commander, Navy Personnel Command.

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7. Program Oversight. CNRSW MWR Sports Branch administers all NRSW regional program teams.

A handwritten signature in black ink, appearing to read 'Brunhart', with a large, stylized initial 'B'.

A. D. BRUNHART
Deputy and
Chief of Staff

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